

Welcome to **KAIKŌURA**



Information for residents about our place

Last updated 25th October 2022

*To be included in this booklet please
email admin@kaikoura.govt.nz*



WELCOME FROM THE MAYOR

Kia ora, hello and welcome to paradise!

Kaikōura's exact name is Te Ahi kai kōura a Tama ki te Rangi - the place where Tama ki te Rangi, the famous explorer, cooked and ate crayfish.

Kaikōura is a unique place - we have around 4,200 people living across just over 2,000 square kilometers of land. One in five of our residents identify as Māori and almost a third of the district is conservation land.

Kaikōura is home to many special native species and landscapes and our community is proud of our tūrangawaewae (the place we stand). Our complex biodiversity helps keep our air and our water clean, and provides food, education, medicine and recreation.

We have two nationally significant surf breaks and dozens of kilometres of beaches and braided rivers.

Our 500 (ish) businesses provide jobs in everything from agriculture to viticulture and finance to science, plus plenty to see, do, eat, drink and experience.

So haere mai (come) and visit, stay a while, sample our local produce and adventure - who knows, you might end up deciding to stay.



Ngā mihi,
Mayor Craig Mackle



HANDY CONTACT DETAILS

Animal Control	027 668 8780	
Department of Conservation	03 319 5714	
Downer (contractor for State Highways)	03 319 5084	
Environment Canterbury - ECAN	03 319 5781	
Fire Status check	www.checkitsalright.co.nz	
Fire Safety	03 372 8601	
Fire Permits	03 341 0266	
Innovative Waste Kaikōura (IWK)	03 319 7148	
Kaikōura District Council	03 319 5026	
Kaikōura District Library	03 319 6280	
Kaikōura Police	03 319 5038	
Kaikōura Star	027 2085 832	
Kaikōura Museum	03 319 7440	
Kaikōura Waste Services (private company)	03 319 7579	
Local Roads (KDC)	03 319 5026	
Noise Control	027 619 7427	
Post Office/Paper Plus	03 319 6808	
Waka Kotahi (State Highways)	0800 444 449	
Water & Wastewater (IWK)	03 319 7148	A/H 0800 212 213

THANK YOU FOR CHOOSING KAIKŌURA

Kaikōura isn't your ordinary small town. There are various identities, from the international to the hyperlocal.

Culture and beauty are not exclusive to big cities. Living in Kaikōura encompasses the breath-taking moana (sea), maunga (mountains) and nga tuaone (beaches), meandering coastlines, abundant wildlife and stunning coastal alpine scenery.

Living here opens opportunity to be part of Kaikōura's unique quality of life, rich culture, strong well-connected community and exciting employment and business opportunities. It's an unforgettable place.

Nau mai, haere mai ki Kaikōura



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KAIKŌURA PENINSULA

It is from the natural world and the secret biology of the limpet with its long string-like appendage that Ngāti Kuri recalls the exploits of Māui-tikitiki-a-Taranga who, standing in his canoe with his foot braced against the thwart, battled a titanic struggle with the fish, Te-Ika-a-Māui (North Island).

Such was the strain on his foothold that he broke out the timber thwart and so it came to pass that the Kaikōura Peninsula was named Te-taumanu-o-te-Waka-a-Māui (the thwart or seat of the Waka a Maui).



The Kaikōura Peninsula remained a foothold for human habitation and interaction with the natural world that sustained over 800 years of pre-European occupation with the establishment of over fourteen Pā sites, the remnants of which can be seen today.

The shoreline of the Kaikōura Peninsula provided a base for the once thriving Waiopuka Whaling Station of which Fyffe House (erected in 1844) is the only surviving building of this era. During this time Ngāti Kuri Chief, Kaikōura Whakatau, regulated the concession of shore whaling rights among European whalers to balance the relentless aspirations of man against the wellbeing and sustainability of the natural world. More than 170 years of New Zealand Whaling history ended when J.A.Perano and company caught the last whale off the Kaikōura coast in 1964.

What befalls the natural world befalls the sons of man. Every mountain valley, running stream and ocean wave holds the utterances and memories of those who have gone before us.

FISHING

Types of fish caught in Kaikōura include sand shark, skate, kahawai, wrasse and moki. There are some closures and restrictions on coastal fishing in the district. Make sure you help us protect our marine life and check the rules before you fish – visit www.mpi.govt.nz or visit the Fisheries New Zealand office at 114 Beach Road

Rahui - Closed Area:

No fishing is allowed in:

- Hikurangi Marine Reserve
- Wakatu Quay (Avoca Street/Seal Colony area)

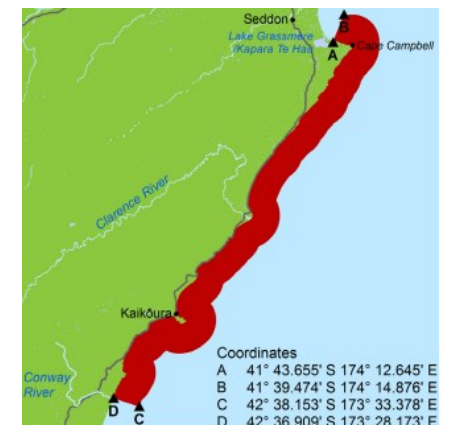
These areas are sign posted. We recommend you check with MPI if you are unsure. All marine life and habitats within marine reserves are totally protected. This means no fishing, netting, hand gathering, taking or killing of marine life. No polluting, disturbance or damage of marine life or the sea bed and no removal of any natural material from the marine reserve. Marine reserves are managed by the Department of Conservation

Kaikōura earthquake related closure:

The area between Marfells Beach (west of Cape Campbell) and the Conway River (south of the Kaikōura township), extending four nautical miles from shore is closed to the gathering of shellfish and seaweed - subject to change see above MPI website for up to date details.

Marfells Beach-Conway closure:

Taken from; www.mpi.govt.nz/travel-and-recreation/fishing/fishing-rules/kaikoura-area-fishing-rules



For more information on closures and rules, contact Ministry for Primary Industries on 0800 00 83 33

RESPONSIBLE CAMPING

Kaikōura welcomes those who camp responsibly. We ask all campers to treat our environment with respect and not to leave rubbish or human waste behind them. All campers using public land (freedom camping) must be self contained or have easy access to toilets.

To raise concerns about personal or public safety, drug or alcohol abuse, inappropriate behaviour, public nudity/indecency including toileting, please contact the Police. If it's urgent dial 111, for non-urgent concerns call 03 319 5038.

Members of the public concerned for their safety or safety of their property due to a fire should always call 111.

Council is responsible for managing any issues that are human waste/or dumping of rubbish related. To report an issue or make a request for service go to www.kaikoura.govt.nz/contact-us/ or call 03 319 5026 during business hours.

Public Toilets:

West End: 49 West End

North Mill Road: SH 1 and Beach Road intersection

Jimmy Armers: Fyffe Quay (beach walkway)

Gooches Beach: Esplanade

Point Kean: 40 Fyffe Quay (seal colony walkway)

South Bay Marina: Moa Point, South Bay

South Bay Reserve: Peninsula walkway gateway

South Bay

Kiwa Road

Public Showers:

Jimmy Armers: Fyffe Quay (cold, basic, managed by Council)

BP Petrol Station: 84 Beach Road (charge to use, managed by BP)

KiwiCamp: 136 Beach Road: Showers (charge to use, owned privately)

TE RŪNANGA O KAIKŌURA

Te Rūnanga o Kaikōura is the tribal council for the hapū of Ngāti Kuri. Their office is situated at Takahanga Marae and is responsible for the management of Rūnanga policy and directives, while the Rūnanga itself is responsible for the governance of Rūnanga policy and direction. Their boundary is from Te Parinuiowhiti (White Cliffs South of Blenheim) to the Hurunui River and south west of the main divide – this is the area of their tino rangatiratanga. The history of Ngāti Kuri stems back many generations in this area and the descendants still maintain their hold on the land and sea as Mana whenua and Mana moana. Te Rūnanga o Kaikōura/Ngāti's tikanga practices derive from it's strong value systems. Through these values Te Rūnanga o Kaikōura maintains its Kaitiakitanga (guardianship) and Rangatiratanga (leadership) of the land, sea, air, water, cultural history and cultural tikanga (protocol). Te Rūnanga o Kaikōura is involved in all matters within its Takiwā (area) and is the treaty partner to all government agencies. The value of kotahitanga (unity) and whanaungatanga (family) are practiced through sharing knowledge and being inclusive of all ethnicities through the community involvement but specifically education and health as partners with the Ministry of Education and Canterbury District Health Board. Te Rūnanga o Kaikōura is part of the wider Ngāi Tahu group.

Contact the Runanga at takahanga.office@ngaitahu.iwi.nz

Find out more about Te Rūnanga o Kaikōura on their website www.ngaitahu.iwi.net/te-runanga-o-ngai-tahu/papatipu-runganga/kaikoura/

Marae

Takahanga Marae is the standing place for Ngāti Kuri. The Marae, buildings and grounds are sacred and has mana that has to be respected by everybody who enters the Marae grounds – it is whai tapu. Takahanga Marae is located on Takahanga Terrace.

Find out more about Takahanga Marae online www.ngaitahu.iwi.nz/te-runanga-o-ngai-tahu/papatipu-runanga/Kaikoura/takahanga-marae/

Mangamaunu Marae is north of Kaikōura township, on the south coast of Mangamaunu itself. The primary Hapu for this Marae are Ngāti Kurī and Te Rūnanga o Kaikōura of Ngāi Tahu.

Kā Huru Manu is an online interactive cultural map of the south Island containing a Ngāi Tahu atlas of place names and histories, as well as traditional travel routes of early Ngāi Tahu. View the atlas at www.kahurumanu.co.nz/atlas



KAIKŌURA DISTRICT COUNCIL

Kaikōura District Council is located on level two of the Civic Centre at 96 West End, Kaikōura

Open weekdays 8.30am to 4.30pm

Contact us on 03 319 5026 or kdc@kaikoura.govt.nz



Information about services - such as building, planning, maintenance, dog control, rates and facilities (such as the Memorial Hall and public toilets) that Council provides can be found via www.kaikoura.govt.nz or Facebook @KaikouraDistrictCouncil.

Staying up to date:

Council has a monthly email newsletter with stories and information from the community and Council. Sign up here: www.kaikoura.govt.nz/our-council/news-and-media/

Make sure you select which areas you want to hear about, so you find out about the things that interest you the most.

Council meeting:

The Council meeting takes place on the last Wednesday of every month. It covers all of council's activities and reports are made public. As a member of the community you can arrange to have a short speaking slot. If you wish to speak, please email kdc@kaikoura.govt.nz beforehand so we can make sure you have all the information you need. You can read post summaries of these meetings online; www.kaikoura.govt.nz/latest-news/council-meeting

Community Networkers:

Connecting community organisations over a 'cuppa and chat'. Held on the 2nd Tuesday of each month, 12 noon at Memorial Hall Supper Room.

Kaikōura District Library/Whare Pukapuka:

Kaikōura District Council is located on level one of the Civic Centre and has a wide range of reading material, audio books, community documents and learning facilities/opportunities available. *See more details about the Library on page 26.*

EVENTS & INITIATIVES

Local events to look out for include:

- Book Fair
- Crayfest
- Farmers Market
- Kaikōura Adventure Race
- Kaikōura A&P Show
- Kaikōura Hop
- Kaikōura Pet Show
- Lip Sync
- Matariki & Waitangi Day celebrations
- Mountains to Sea Marathon
- Race Day (Marlborough Anniversary)
- School Yard Market
- Trash Fashion (every 2 years)
- Whale Run
- 48 Hours Photography competition and exhibition

You can find information about these and other community events on the Events Kaikōura Facebook page and Kaikōura District Council website.



LEISURE, CULTURE & ARTS

Kaikōura District Library/Whare Pukapuka

The library has a wide range of reading material, community documents and learning facilities/opportunities available.

Find out more about the library, events and activities on Council's website www.kaikoura.govt.nz/our-district/new-kaikoura-district-library/ or check out @KaikouraDistrictLibrary on Facebook.



Membership is free for Kaikōura residents and you can join online at www.kaikoura.govt.nz/our-district/new-kaikoura-district-library/become-a-library-member/

Open hours: Monday to Friday 9am – 5pm, Saturday 10am – 1pm
Level 1, 96 West End, Kaikoura, phone 03 319 6280

Kaikōura Museum

A state of the art and multi-award winning Museum showcasing Kaikōura's diverse and colourful natural, social and cultural history. Kaikōura residents are half price. Check out @kaikouramuseum on Facebook.

You can get involved with the Museum by becoming a member of the Kaikōura Historical Society. As an independent Museum and registered charity, they rely on membership subscriptions and donations to help fund their work.

Annual membership gives you free entry to the Museum, regular newsletters, prior notice of events, a free guest pass and more! You can also volunteer with the Museum. If you have just three hours a month to spare on a Saturday or Sunday they would love to hear from you.

Phone 03 319 7440 or email kk.museum@xtra.co.nz. They hold a variety of events including talks, films and kids activities. Check out their website: kaikoura-museum.co.nz

The Mayfair Arts & Culture Theatre

A two screen cinema, exhibition space and arts hub for Kaikōura and surrounding areas. Reopened in November 2020 following a major rebuild (including the original facade) The Mayfair is also available for private hire, conferences and corporate events.

03 424 9272, info@themayfair.org.nz, www.themayfair.org.nz

CIVIL DEFENCE EMERGENCY PREPARATION



Living in Kaikōura is different. It's beautiful and wild and you need to be a bit more prepared than people who live in more urban areas.

Everyone should be ready to look after themselves family for at least 72 hours. Get to know your neighbours, in most disasters neighbours are the first to help each other.

Tsunami Awareness: Tsunami are rare but you do need to be prepared. If you are near the coast and you feel a long (more than a minute) or strong (can't stand up) earthquake you should move inland or go to higher ground immediately and stay away for at least three hours. The first wave may not be the largest.

There are no tsunami sirens along the Kaikōura coast and there may not be time to issue an official warning – do not wait for sirens or alerts, the earthquake is your warning.

It's important to know if you live or work in the tsunami zone, so you can make an evacuation plan.

During a tsunami, warnings and advisories are provided at www.civildefence.govt.nz and shared on radio and TV. You may also receive advice from your local civil defence emergency management group and receive an Emergency Mobile Alert.

Visit www.civildefence.co.nz for a map that shows the location of tsunami evacuation zones. It does not provide information about current tsunami warnings.

Get ready before an earthquake: Work out what supplies you might need and make a plan together. Regularly practice drop, cover and hold. To sign up to the national earthquake drill and Tsunami Hikoi go to www.getready.govt.nz

Identify safe spaces to drop, cover and hold. These could include:

- Somewhere close to you, no more than a few steps away, to avoid injury from flying debris
- Under a strong table. Hold on to the table legs to keep it from moving away
- Next to an interior wall, away from windows that can shatter and cause injury and tall furniture that can fall on you. Protect your head and neck with your arms
- Not in a doorway – in most homes doorways are no stronger than any other part on the house and a swinging door could cause more injury

Check your household insurance policy to make sure you're covered. Make your home safer by making sure objects that could fall and hurt someone are placed out of danger or fixed and fastened at home.

FIRE & EMERGENCY



Kaikoura Station: The Kaikōura Fire station is located on Churchill Street and is a voluntary station so is not staffed.

Please see the below details or contact the Canterbury District Team on 03 372 8601 or email canterburycrr@fireandemergency.nz

In an emergency dial 111

Fire Siren: Kaikōura has two fire sirens that sound to call the Volunteer Fire Brigade to respond to an emergency situation. The siren is also tested every Sunday at 10am.

When the fire siren sounds, the volunteers will drive to the station with their hazard or warning lights on their vehicles flashing. If you notice them, pull over and let them pass if you can safely do so.

The siren is NOT a tsunami warning – there are no tsunami sirens in Kaikōura.

Home Fire Safety: For home fire safety information and smoke alarms please email canterburycrr@fireandemergency.nz or phone 03 372 8601 to arrange a free visit to provide safety information and ensure your smoke alarms are located in the right place

Controlled Burns: If you are thinking of conducting a controlled burn or bonfire it is important to take some simple steps:

- Go to www.checkitsalright.co.nz and check what the current fire season is
- Ensure you only burn dry vegetation
- Check the weather forecast
- Log that you will be lighting the fire by phoning 03 341 0266

If you require advice phone 03 372 8601

Business Fire Safety: If you are a business and need help with evacuation schemes or anything building related please contact canterburyrr@fireandemergency.nz or phone 03 372 8601

ANIMAL CARE

Vetcare Kaikōura:

75 Athelney Road, Kaikōura

Contact 03 319 5696 (after hours emergency 027 240 1404)

Open weekdays 8am - 5pm, Saturday 9am - 12pm

Find out more on their website www.vetcarekaikoura.co.nz

EV CHARGING

New World Kaikōura: 124 - 128 Beach Road, Kaikōura. Open 24 hours

West End Carpark: 51 West End, Kaikōura. Open 24 hours

FREE WI-FI

Free town Wi-Fi is available from the northern end of West End, up Beach Road almost to the Top 10 Holiday Park and in the carpark behind Coopers Catch (on West End). There is 1GB per device per day and the speed is 10mbs.

Kaikōura District Library offers public computers with free Wi-Fi provided by Aoteoroa Peoples Network Kaharoa (APNK).

New World Kaikōura has free Wi-Fi available in the entrance lobby area.

Te Hā o Mātauranga (Learning in Kaikōura) offer Wi-Fi and or computer use. They are located at 14 Ludstone Rd.

CHURCHES

- **Jehovah's Witness:** 171 Beach Rd, Kaikōura - contact Aaron 03 319 5528
- **Kaikōura Christadelphians:** Contact Steph 03 319 6267
- **Kaikōura Gospel Assembly:** Contact 03 319 5264
- **New Life Church:** 203 Beach Road, Kaikōura - contact Brian O'Connor 03 319 7297
- **Star of the Sea:** Catholic Parish - 30 Ludstone Road, Kaikōura - contact 03 319 5385
- **St Paul's Presbyterian Church:** 11 Deal Street, Kaikōura - contact 03 319 5552
- **St Peter's Anglican:** 29 Torquay Street, Kaikōura - contact 03 319 5072
- **Vineyard Christian Fellowship:** Contact Eric or Joy 03 319 6281

TRANSPORT

Intercity Bus: Bus services run to and from Kaikōura - www.intercity.co.nz/travel-info/timetable/lookup/kkr. www.kaikoura.co.nz/contact-us/

Kaikōura Taxi: Local taxi service. Contact 027 214 4634 or www.kaikourataxi.com

Kaikōura Shuttles: Local shuttle service and corporate, private transfers. Contact 03 319 6166 or www.kaikourashuttles.co.nz

Kaikōura Car Hire: Car hire in Kaikōura, can meet you at the railway, bus, accommodation for pick up and return. Contact 03 319 3311 or www.kaikourarentals.co.nz

Kaikōura Community Vehicle Trust: Charitable trust where volunteers provide reliable and reasonably priced transport to our seniors, less mobile or hospital patients to appointments out of town. They also have regular shopping trips around town. Pick up and drop off. To make an appointment for any of the services contact 027 346 3751

Kaikōura Airport

Approximately 8km south of Kaikōura township at Peketa, the airport is a simple but modern facility. Contact the companies listed below to inquire about flight services:

Air Kaikōura Aero Club: Whale watching, scenic and charter flights. Contact 03 319 6579, 0800 AIR KAI or info@airkaikoura.co.nz

South Pacific Helicopters: Contact 03 319 5548 or www.southpacifichelicopters.co.nz, office located at 58 West End, Kaikōura

Kaikōura Helicopters: Contact 03 319 6609, www.kaikourahelicopters.com. Office located at 16 West End, Kaikōura

Wings Over Whales: Contact 0800 226 629 or www.whales.co.nz, office located at 58 West End, Kaikōura

DRONE USE

Under New Zealand's Civil Aviation rules, drones must not be flown within four kilometres of a helipad or airport unless you are either flying below tree heights (shielded) or you have a licence/permit/permission from aerodrome operators. Kaikōura has three sites that fall into this category, the airport, hospital and Whale Watch. See a map of where in Kaikōura you can/can't fly your drone at www.airshare.co.nz/maps

Reporting unsafe drone flights: If a drone presents an immediate danger, call 111 and ask for the Police. To report a rule breach contact the Civil Aviation Authority on 0508 4 SAFETY (0508 472 338) or email si@caa.govt.nz. You will need to provide the time and location of the incident, and any other details about the person flying the drone.

RUBBISH & RECYCLING



The Resource and Recovery Centre/Innovative Waste Kaikōura (IWK) was started in 2000. There is a shop on site where pre-loved goods are for sale to encourage people to reduce, reuse and recycle.

Opening Hours:

Monday, Wednesday, Thursday, Friday: 9am - 4pm

Tuesday: 9am - 12 noon

Saturday & Sunday: 10am - 4pm

Recycling, landfill, green waste, scrap metal, food scrap drop off are fully accessible. The shop and furniture shop are both open for drop offs and purchasing.

Household Rubbish Collection:

- Rubbish is to be secured inside new blue IWK rubbish bags. Blue rubbish bags can be purchased from New World, Caltex, BP, Night & Day, IWK weighbridge.
- Maximum weight limit is 15kg
- Please securely wrap any broken glass in middle of bag

Household Recycling Collection:

- Wash and squash all recycling
- Separate glass
- Flatten cardboard and stack under containers
- Make sure your recycling is out by 7am

Rubbish and recycling collection works on a fortnightly cycle. For a timetable with dates please refer to <https://www.kaikoura.govt.nz/our-services/recycling-and-rubbish/>

Other Services:

Business recycling & collections

Water management

Environmental management

IWK green waste & organic compost

Phone 03 319 7148 or www.iwk.org.nz

NEWS & INFORMATION

Noticeboard:

There is a community noticeboard located on the outside of the Civic Centre building (96 West End). This is available for any community event or group notices.

It is maintained and managed by the Council. Get in touch by emailing kdc@kaikoura.govt.nz if you have any questions about the community noticeboard.

Newspaper:

The district newspaper is the Kaikōura Star, printed weekly on Thursday. It costs \$1 and is available at supermarkets, service stations and Paper Plus or can be home delivered. Email editor@greystar.co.nz or call 03 769 7900 for more information.

Facebook Groups & Pages:

There are a number of active Facebook groups or pages that are good sources of local information. These include:

Kaikōura Noticeboard

Kaikōura District Council

Events Kaikōura

Kaikōura Buy Sell (Kaikōura residents only)

Kaikōura Buy, Sell and Swap group (restricted to living in Kaikōura)

Te Hā o Mātauranga - Learning in Kaikōura

Oaro M (residents page)

Clarence and Kēkerengū (resident group)

BANKING SERVICES

BNZ

Branch and ATM - West End

ATM - New World Supermarket, Beach Road

ANZ

ATM - The Dairy, West End

Westpac

Branch and ATM - West End

Tinker Time: Are you a little bit crafty or just like to muck around with different art mediums? This group might be just the thing for you. Once a month at Kaikōura Library, bring a friend or just yourself. Contact Blou 027 5620 811. Gold coin donation.

Tech Thursday: Any small computer or phone issues, using the online library service etc. Thursday from 1pm. Contact Dannielle at the Library to make an appointment (free)

Summer Wine: Every second Thursday of month. Monthly luncheon with guest speakers. Contact Nicky Woodill 03 319 5480

Wanderers: Friday morning, walking tracks in the area, approx 4km. Walking group for men to increase balance and mobility. Easy to moderate. Bookings essential. Contact Belinda 027 562 0811 (free)

Zoom Gym: Monday afternoon. Need access to a computer and internet. Sit and be fit for strength and mobility. Lead by Marcus (free).

OLDER ADULTS ACTIVITIES

Airmen: Third Thursday afternoon/evening of month at Memorial hall Supper Room. Air fryer cooking class and dinner for men on their own who have never cooked before. Cost: share of food cost, bookings essential. Contact Belinda 027 562 0811

Art for Art Sake: Second Thursday afternoon at Library. Art for people who no longer have space or knowledge. Cost \$2, bookings essential. Contact Belinda 027 562 0811

Aqua Aerobics: Exercise in the pool (summer months). Tuesday, Thursday and Sunday - 9:30am - 10:30am - \$5. Dusky Lodge Pool, Beach Rd

Blue Brother: Wednesday morning, individual houses. Connecting men with cancer. Bookings essential. Contact Belinda 027 562 0811 (free)

Carers Support Lunch: First Wednesday of the month, 11:30am at Dolphin Encounter. Contact Belinda 027 562 0811

Cooking: Monday morning at Croquet Club. Social interaction, stimulation, also suitable for dementia. Cost \$3. Bookings essential. Contact Belinda 027 562 0811

Gentle Walking Group: Thursday 2pm, meet at new swimming pool carpark. Small distances - approx 500m. For stroke sufferers, breathing issues, hip/knee rehab. Contact Belinda 027 562 0811

Heal Toe: Wednesday afternoon, Kaikoura Osteopathy. Men's sit and be fit - strength and mobility. \$5 per month, bookings essential. Contact Belinda 027 562 0811

Housie: Tuesday afternoon at Anglican Hall. Social interaction and stimulation. Cost \$2. Contact Belinda on 027 562 0811

Live Stronger for Longer: Monday 10:30am at Anglican Hall. Strength and balance class. Cost \$3. Contact Kim Foy 027 325 5722

Men's Shed: Thursday morning, Community Shed (14 Ludstone Road). Activity group, creating projects and socialising. Cost - donation.

Sit and Be Fit: Friday 10:30am at Kaikōura Library. Low impact class, mostly seated exercises. Cost \$5. Contact Kim Foy 027 325 5722

Sit and Be Social: Friday 12pm at Encounter Kaikōura. Lunch for ladies, self funded.

DRIVER LICENCING & TRAINING

Driver Licencing (AA): Bookings to see AA in Kaikōura can be made by ringing Te Whare Putea 03 319 7243. (Tests, renewals and endorsements)

Driver Training (Te Hā o Mātauranga): Support with learner, restricted or full licences.

Learner: Study resources for theory tests and copies of road code, access to realistic practice tests, getting identification papers ready, booking test at the AA.

Restricted and Full: Support booking test online, practical drive sessions available, preparation for test, defensive driving courses.

Practical drive sessions: Available with qualified driving instructor. An automatic and manual car are available for use if you do not have your own. The cost is \$55 if under 25 (or 5x for \$250) or \$70 if over 75. Senior assessment sessions are also available for \$35. The session is 30mins and aimed at 75 years + who are looking to renew their drivers licence. Session is aimed at brushing up on skills and keeping good habits. A valid NZ drivers licence is required for all sessions.

14 Ludstone Road, Kaikoura

Phone: 03 319 3002, www.kaikoura.link

JUSTICE OF THE PEACE

Justices of the Peace are volunteers in the community who are able to witness documents, certify copies and take declarations, affidavits and affirmations.

Stu Burrows	1 Austin St, Kaikōura	03 319 7194
Ari Boyd	39 Ludstone Rd, Kaikōura	027 681 8184
Graham Collins	8 Red Swamp Rd, Kaikōura	03 319 5490
MaryClare Hampton	138 Esplanade, Kaikōura	03 319 6056
Amelia Holman	135D Beach Rd, Kaikoura	03 261 1067
Thora Lawson	25 Hastings St, Kaikōura	03 319 5104
Pamela Sigglekow	Koura Bay Dr, Hapuku	03 319 5764
Danny Smith	22 Fyffe Ave, Kaikōura	03 319 5869
Joe Van Rooyen	408 Kincaid Rd, Kaikōura	03 319 5178
Neroli Gold	540 Spey Forrest Rd, Kaikōura	03 319 7169
Tina Stringer	115 Beach Rd, Kaikōura	027 358 2707

You can see more details about JP's in Kaikōura by searching 'Kaikōura' online at

HEALTH & SOCIAL SERVICES

Kaikōura Health Te Hā o Te Ora

Kaikōura Health Te Hā O Te Ora is the main health provider for Kaikōura and the surrounding area

General practice:

A full range of general practice services for all ages including management of chronic health conditions, preventative health care, immunisation, acute accident and medical services. Minor surgery and liquid nitrogen clinics are held regularly.

- 24 hour medical care is provided by the GPs for urgent medical and trauma care
- District nursing services
- Mental health and wellbeing service
- Visiting health professionals (podiatry, audiology, dietician)
- Weekend and public holiday drop - in emergency clinic 10:30am - 12pm
- See the healthcare team about enrolling you and your whānau and funded services you may be eligible for
- Travel advice and immunisations

Inpatient Care/Aged Residential Care:

- 8 acute inpatient beds including resuscitation and observation beds
- 14 bed rest home with a mix of rest home and hospital level care

Also based at Kaikōura Health Te Hā O Te Ora:

- Kaikoura Physiotherapy: Contact 03 319 3538 - kphysio@xtra.co.nz
- Well-child/Tamariki Ora Service: Megan Fissenden; Public health nurse - contact 03 319 5125
- Kaikoura Eyecare: Optician Heather Mackle, contact 03 319 6456
- Community Dental Service: Free for all children up to year 8 at school - contact 0800 846 983

25 Deal Street, Kaikoura Phone 03 319 3501

Open Monday - Wednesday & Friday 8am - 6pm, Thursday 9am - 6pm

COMMUNITY GROUPS/FACILITIES

Community Meal: Every Monday at 6pm at Scout Hall, Beach Road. All welcome. Free.

Community Shed: Community garden & vege stall. Contact Te Hā o Mātauranga on 03 319 3002.

Community Garden: Friday's at 1pm at Te Hā o Mātauranga, 14 Ludstone Road, Kaikōura. Phone Sarah on 027 807 2874 for more information or pop in.

Kaikōura Aquatic Centre: Open Monday to Friday 6:30am - 9am, 3pm - 6:30pm (open all day during Christmas school holidays), Weekends 9am - 6pm. Hours subject to weather conditions. Located at 1 Wā Kaukau Terrace, Kaikōura

Ka Pai Puku: Community food stall (provide spare produce to the community and take what you need) located at 14 Ludstone Road (Te Hā).

Memorial Hall: The Memorial Hall is situated at 32 Esplanade, Kaikōura with a central location and picturesque views. Anyone can hire the hall for public or private functions. Contact Kaikōura District Council on 03 319 5026 or email admin@kaikoura.govt.nz

Scout Hall: The Scout Hall is situated on Beach Road, Kaikōura and is available for hire for public or private functions. Contact Te Ha o Mātauranga on 03 319 3002 or

RECREATION CLUBS/GROUPS

Bridge Club: Monday 12:50pm - 4pm, Wednesday 6:50pm, Friday 12:50pm for juniors, Takahanga Bowling Club - Pam Whitehead 027 448 429, kaikourabc@gmail.com

Embroiders Guild: Second and fourth Tuesday of month 10am - 3pm at The Crafty Place (behind Advert Media), Beach Road - Dianne Adams 03 319 5179.

Euchre Club: Thursday 1:30pm - 4pm, Takahanga Bowling Club. New members welcome - Val Smith 03 319 6407

Garden Club: Fourth Tuesday of month, 1:30pm at Kaikoura Bowling Club, Ludstone Rd - Christine O'Connor 03 319 5985

Kaikōura Aero Club: Trial flights and memberships - 03 319 6579, info@airkaikoura.co.nz

Kaikōura Arts Society: Informal painting afternoons, 1 - 4pm at Takahanga Bowling Club, workshops and annual exhibitions. New members welcome - Wendy Smith 03 319 5869

Kaikorus Community Choir: Tuesday 7pm at Kaikōura High School - Nicky Woodill 021 166 3520

VOLUNTEERING/GROUPS

Kaikōura Community Op Shop: A great place to fossick and find all sorts of goodies. All proceeds support community projects and it is a great place to volunteer. Open Monday to Friday 10am - 4pm, Saturday 11am - 2pm. Located at 25 Beach Road, contact 021 120 6313, email kaikouraopshop@gmail.com or Facebook Kaikoura Community Op Shop

Kaikōura Community Vehicle Trust: Charitable trust where volunteers provide reliable and reasonably priced transport to our seniors, less mobile or hospital patients to appointments out of town. They also have regular shopping trips around town. Contact 027 346 3751.

Kaikōura Lions Club (Men's Club): Meets 6pm on the third Tuesday of each month at Kaikōura Food Company. Contact 021 0298 6213

Kaikōura Māori Wardens: Māori Wardens is a charitable trust with volunteers in communities throughout New Zealand. They provide support, security, traffic and crowd control, first aid and are members of our community giving up their time to keep people safe and provide assistance during community events. They are not Police, but they have legal responsibilities under the Māori Community Development Act 1962. Contact Ari Boyd on 027 681 8184 for more information

Red Cross: Work of the Red Cross is diverse and far reaching and would not be possible without the efforts of members, staff, and supporters who volunteer their time. Red Cross always on the lookout for more energetic, dedicated and experienced people to join in their humanitarian efforts. Contact Lorraine Diver 03 319

Seaward Lions Club: Meets 6pm on the second Thursday of each month at Takahanga Bowling Club. Contact 03 319 7075

- **St John** - 0800 780 780
- **Kaikōura Volunteer Fire Brigade** - 03 319 6008, www.fireandemergency.nz
- **Coastguard Kaikōura** - kaikoura.admin@coastguard.nz, www.coastguard.nz
- **LandSAR** - www.landsar.org.nz
- **Victim Support** - 0800 865 868, www.victimsupport.org.nz/volunteer

HEALTH & SOCIAL SERVICES

Acupuncture Kaikōura: Balance of well-being, digestion disorders, musculo-skeletal, women's health, stress and tension, auto-immune disorders. Located at 16 Deal Street, Kaikōura, 03 319 3229, www.acupuncturekaikoura.com

CCS Disability Action: Support for people with disabilities, including mobility parking permits. Contact Ma-rea Clayton 03 319 3263

Community Dental Service: Free for all children up to year 8. Contact 0800 846 983

Kaikōura Dental Care: Located at 6A West End, Kaikōura, 03 319 5629

Kaikōura Pharmacy: Open weekdays, 9am - 5:30pm, Saturday, 9am - 12:30pm. Located at 37 West End, Kaikōura, 03 319 5035, fax (prescriptions) 03 319 7235

Osteopathy Kaikōura: 157 Beach Rd, Kaikōura, by appointment. Contact 03 319 5834

Maata Waka: Whānau Ora Navigator who works to engage, empower, advocate and support whānau to become independent and self-reliant. Working with whānau and families to identify their needs and aspirations, support their participation in education, primary health, employment and community activities, link, and coordinate access to specialist services. Located at 157 Beach Road, Kaikōura. Contact Amelia 027 2500 708

RISE (Men's Group): Free ongoing support group for men in Kaikōura learning skills to cope with life's stresses. It is a safe space for men amongst a welcoming, caring group who you can talk to about what is happening in your life. The group has become a community resource for men who want to check in with others, seek advice, share healthy tips and reduce stress. Meetings also feature educational films, guest speakers, and other useful activities directed by the members. Contact admin@rise.net.nz

Te Ahi Wairua o Kaikōura: Delivery of community projects, host culturally interactive and responsive spaces, provide peer support, advocacy support and personal development pathways all scoped within Te Ao Māori framework. An integrated whānau collective aimed at increasing community cohesion through mātauranga māori. Empowering communities within Kaikōura by building on whānau capacity and capabilities. Located at 74 Beach Road (Block C), Kaikōura, 027 222 2901

Te Tai o Marokura Health and Social Service: Māori health and social service that has been operating in Kaikōura for over 30 years. Tamariki Ora, Mama and Pēpi, Māori Mobile Service (DSM). Located at 4 West End, Kaikōura, 03 319 5801

Whānau Ora Navigators: Navigators help support people who are needing some help accessing services and or support. They are there to help people through by connecting them to the right pathways and helping them through processes of social needs and well-being. These services are provided through Maata Waka, Te Ahi Wairua and Te Tai o Marokura (*see above details*).

Women's Refuge & Marlborough Sexual Violence Support: Alternate Wednesday's 12pm - 3pm at the Kaikoura District Library or by appointment. Contact 0800 733 843, 03 577 9939 or email admin@marlbrefuge.com

HEARTLAND SERVICES

105 Beach Road, Kaikoura

Phone: 03 909 9292

Email: kaikoura@heartlandservices.govt.nz



Open Monday to Friday 9am - 4pm

An information, advice and advocacy service to the Kaikoura community.

Heartland Services provide relevant information on a wide range of topics and sound, impartial advice to people who need it.

Through Heartland Services bring Government departments, face to face with locals in our rurally isolated community. Alternatively, we offer support and the technology to source information and help to access and register for on-line services.

We provide information on a wide range of central and local government agencies as well as local organisations and services.

Services available by appointment:

ACC: By arrangement with ACC

Te Whare Putea Trust: Information and advice (*see following page for more info*)

Oranga Tamariki : By arrangement - phone 0508 326 459

Community Probation: Wednesday and Thursday by appointment

Inland Revenue: Second Tuesday of each month

Māori Land Court: By arrangement

Marlborough Community Law: Every second Tuesday and Wednesday - phone 0800 266 529

Heartland Service also has information available about the following:

Tenancy Services: Can be contacted for free advice about renting for tenants and landlords - call 0800 TENANCY (0800 836 262)

Oranga Tamariki: Support Services for children, young people and their families and Children's Team Blenheim - contact 0508 326 459

SPORTS & CLUBS

Netball (Kaikōura Netball Centre): April to September. Year 5 - seniors: Men and women (teams can be mixed). Juniors: Year 1 - 4, 10 week programme during season, basic skills and games. Walking Netball: Saturday's during winter season. Summer League (January to March): Monday nights, adult & junior, mixed teams. All netball played at Kaikōura High School courts - Demelza Sweeney 021 155 7768, kaikoura-netball@gmail.com, www.sporty.co.nz/kaikouranc or Facebook

Pistol Club: Memberships - Allen Bolton 03 319 5077, boltonclan@xtra.co.nz

Pony Club: Various events throughout the year, meet second & fourth Sunday of each month - Cathy Graham 027 488 0151

Pool: Indoor pool competition (April to September) - John Diver 027 435 9143

Rifle Club Smallbore: Indoor target shooting, Wednesday's from April to October - Bill Getz 03 319 6882, bidbill94@gmail.com

Rugby: Seniors, JAB, ripper, and golden oldies - Melanie Sutherland 021 982 917, kai-kourarugby@gmail.com

Soccer: April to September. Outdoor on Sunday's 1pm Kaikōura Primary School, Indoor on Sunday's 6pm at Kaikōura High School - John Diver 027 435 9143, john.diver@xtra.co.nz

Squash: Singles, couples and family memberships. Members league Wednesday's 5pm - 8:30pm, social squash Friday's 4 - 6pm. Junior's program, contact for details - 03 319 6410, kaikourasquashclub@hotmail.com or Facebook Kaikoura Squash Club, <https://kaikourasquash.helloclub.com/login>

Surfing: Board Riders Club, competitions and trips away - Heath Melville 027 263 7459

Surf School: Surf lessons on request, early November - Dave Lyons 027 4188 900

Swimming Club: For ages 5 and upwards - kaikouraswimmingclub@gmail.com

Swimming (private tuition): Learn to swim (any age) - Toni Batey 027 438 2678, toni-bateygolfpro@xtra.co.nz

Tennis: Noriko Burra 027 283 5564

Tramping Club: Informal social walkers club open to all, varying levels, mostly day walks - Barry Dunnett 03 319 5086, bjdunnett@xtra.co.nz

Trotting Club: Monthly meetings. Membership application available at www.kaikouraraces.co.nz - 027 203 2746, kaikouratc@xtra.co.nz

Volleyball: Mixed, social, adult, youth, competitive. Tuesday nights at Kaikōura High School - David Barrett 03 319 3300

SPORTS & CLUBS

Basketball: Junior and mixed league competition at Kaikōura High School Gym - www.kaikourabasketball.wixsite.com/kkba or Facebook Kaikoura Basketball Association

Bowling Club (Takahanga): Wednesday bowls 1.30pm and Saturday afternoon. Open to all. Newbies welcome - Thora Lawson 027 256 5222

Kaikōura Bowling Club (Ludstone): Casual and members. Friday 4pm social night. Alternate Wednesday bowl - Craig Smith 027 256 5222, kaikourabowls@hotmail.com

Bowls - Indoor: April to September, Tuesdays 1pm at Kaikōura Memorial Hall - Trish 027 418 4490

Cricket (Kaikoura Cricket Club): Senior training - Tuesday's and Thursday's at 5.30pm. Juniors - Tuesday's at 3:45pm at South Bay Cricket Ground. All ages and abilities welcome - Bill Parsons 027 865 0714

Croquet Club: Social game for all ages, new members welcome. Wednesday 10:45am and Saturday 12:45pm - Erica O'Connor 03 3195933, berocon@xtra.co.nz

Cycling Club/Mountain Biking: Social rides and events, working bees to build trails. Dwayne Fussell 03 319 5860, Coastal Sports 03 319 5028, info@coastalsports.co.nz www.kaikouracycling.co.nz

Fitness Classes: Box Fit - Monday 5:30pm, Circuit Class - Wednesday 5:30pm at Anglican Hall (outside in summer) - Kim Foy 027 325 5722

Golf tuition: Kaikōura Golf Club. Adults by appointment, kids Monday 3.30 - 5.30pm in summer - Toni Batey 027 438 2678, tonibateygolfpro@xtra.co.nz

Gymnastics (Kaikōura Gymnastics Club): Runs in term 2 & 3. Ages 5 and upwards, at Kaikōura High School. Younger groups train on a Monday, seniors on a Wednesday - kaikouragymnasticsclub@gmail.com or Facebook Kaikoura Gymnastics Club

Golf (Kaikōura Golf Club): 18 hole course - Alan Heffer 03 319 5628, info@kaikouragolf.co.nz

Gym (Central Fitness): Fitness facility with a wide range of equipment and classes. Open Monday - Thursday 2:30pm - 6pm - 03 319 7045, centralfitness.kaikoura@gmail.com

Horse Riding Club (Adults): Rallies, meetings & rides - Jenny Wards 03 319 5925

Kapa Haka: Every Monday 6:30pm - 8:30pm, Supper Room, Memorial Hall (gold coin donation for koha if able)

Koura Bay Golf Course: Nine hole course, open to the public - 03 319 7477, info@kourabaylodge.co.nz

Marching: Leisure marching, competitions and displays - Gail Haydon 027 256 5537

TE WHARE PUTEA

105 Beach Road, Kaikōura

Phone: 03 319 7243

Email: tewhareputea@xtra.co.nz



All of our services are free, confidential, and non-judgemental and are available to the whole community.

Building Financial Capability: Working one on one, and mostly face to face with clients, we help sort urgent debt and support our clients to work through areas of difficulty. We advocate for our clients to Government Departments and ensure all entitlements are being received. We can assist with form filling and on-line applications. We aim to build our clients financial capability, to reduce debt, increase income, to stay on track and set future goals.

Money Mates: Peer-led support group/education programmes that encourages people to learn from others as they talk about their own money and finance experiences in a group situation, and the engagement of guest speakers and hands on learning opportunities around all aspects of finance.

Community Connector: The Community Connector helps people who are isolating, transitioning from isolation, or who have been adversely affected due to Covid. The connector takes an active approach to supporting people that need help to access information and support and connect with services across multiple government agencies and service providers.

Kaikōura Food Bank: We have a Food Bank service which is available to the whole community to use in a one-off emergency. If help is required after this, we ask you to join our Financial Mentor to identify areas where we can help. At this time, if clients qualify for food assistance, Work & Income is the first port of call.

Temporary Housing: Te Whare Putea manages seven temporary housing units for Kaikōura District Council. We have been able to house people here urgently and then have supported people to get back on their feet and move on to Pensioner Housing, Social Housing, either in Kaikōura or elsewhere in New Zealand, or into affordable rentals in the private sector.

Migrant Services: This is a new and evolving service, and we intend to take this service further than just sorting the immediate need that we see at present. We will expand this service by incorporating social aspects that will help strengthen and connect our migrant community, both to each other and to the wider community.

SCHOOLS & EDUCATION

Pre Schools

Kaikōura Playcentre: Sessions run on Tuesday, Wednesday and Thursday, 9.30am to 12.30pm. Located on Kaikoura Primary School grounds (72 Esplanade). Contact 027 880 2777 or email kaikoura@playcentre.org.nz

Little Oaks by the Sea: Boutique seaside preschool with a family friendly atmosphere. Open Monday to Friday 8:30am to 3:30pm. Contact 03 319 5858, 027 4755 859 or email kaikoura@littleoakspreschool.co.nz

Little Tamariki Montessori Preschool: Licensed ECE centre. Open 8.30am to 3.30pm weekdays. Located on Ludstone Road. Contact 03 319 6470

Barnardos Kidstart Early Learning: Licensed ECE centre. Open 8.30am to 5pm weekdays. Located on Ludstone Road. Contact 03 319 7082

Plunket Kaikoura/Big Bumps and Babies: Contact Marz on 021 277 9288

Primary Schools

Hapuku School: A small, rural school providing bilingual and bicultural education for students from, years one to eight in Kaikōura. Located on Kincaid Road. Contact 03 319 5228 or email office@hapuku.school.nz

Kaikōura Primary School: Based in the township with new classrooms, extensive playing areas and a swimming pool for years one to six. Located on Torquay Street. Contact 03 319 5440 or email office@kaikoura.school.nz

Kaikōura Suburban School: Based rurally with a large field, swimming pool and bike pump track. For years one to six. Enrolment zone may apply, contact the school for more information. Located on Schoolhouse Road. Contact 03 319 5064 or email principal@kaikourasuburban.school.nz

St Josephs: Catholic integrated full primary school for years one to eight. Located on Ludstone Road. Contact 03 319 5725 or email office@stjkaikoura.school.nz

High School

Kaikōura High School: Based in the township, co-educational, for years 7-13. Located on Rorrison's Road. Contact 03 319 5138

SCHOOLS & EDUCATION

Community Education Hub - Te Hā o Mātauranga - Learning in Kaikōura

Te Hā o Mātauranga - Learning in Kaikōura is all about creating, promoting and encouraging learning opportunities in Kaikōura. Our dream is to create a “go to” place for Kaikōura residents who want to learn. A place that will promote opportunities, promote conversation around education and allow space for families to explore together how best to support their aspirations.

We help with employment: We are contracted to provide the Mayor's Taskforce for Jobs programme in Kaikōura. We support people to gain soft-skills needed for employment, gain micro-credentials, find employment, obtain and progress their driver's licence. We work with employers to find employees. We offer a free job listing website www.jobskaikoura.co.nz

Working with youth: We work with students enrolled on Te Kura (Correspondence School) to support them in their study. We work with youth to offer pathway support - helping figure out what their next steps are to enable them to do what they want. We offer opportunities that help explore identity - Ko wai au? Who am I? What matters to me?

Youth services: Young people work with community-based providers (us!) who give guidance, support and encouragement to help them find the education, training or work-based learning that works. Some young people will work with a Youth Service provider as part of getting financial support from Work and Income. This includes young people who are receiving Youth Payment, Young Parent Payment or are a young partner receiving a main Work and Income benefit.

Kaikōura Youth Council: We are proud to coordinate Kaikōura Youth Council - an inspiring and dedicated group of young people, working to make Kaikōura Youth be optimistic, confident and make valued contributions. Check out their website www.kaikourayouthcouncil.org.nz

Working with community: We manage the Community Shed - similar to a Menzshed, Community Gardens and Kapai Puku food sharing stall. We also host a Stopping Violence Counsellor, Peer Support Group and 0 - 5 collective. We have a lovely partnership with Kaikōura District Library, employing digital inclusion workers to help people using the library access the digital world.

Pop in and see what's available, weekdays 9am – 4pm.

Located at 14 Ludstone Road, Kaikōura - phone Sarah on 027 807 2874.

Find out more on website www.kaikoura.link/ or Facebook [@kaikoura.link](https://www.facebook.com/kaikoura.link).